

Toolbox Talk: Ladder Safety

Extension Ladder Safety

DO...use the right ladder for the job. Ladder classification and capacity should be clearly labeled on the side rung of the ladder.
DON'T...use step ladders in place of extension ladder or stand above highest “safe standing level” prescribed by the ladder’s manufacturer.

DO...use only one extension ladder.
DON'T...take ladders apart or tie a ladder to the top of another.

DO...make sure weather conditions are suitable for working on ladder.
DON'T...use extension ladder in wind or other unsafe conditions.

DO...look overhead before placing a ladder, with special attention to power lines and other electrical hazards.
DON'T...use ladders less than 10 feet away from electrical lines and assume the area above the ladder is clear of hazards.

DO...use a ladder that is in-service and inspect all ladders for damage prior to use.
DON'T...use a ladder that is out of service.

DO...set up the ladder on the ground, floor or other level, stable surface and make sure it’s properly footed and secure before climbing.
DON'T...use ladder on uneven ground.

DO...take your time climbing and always use the 3-point contact system when working.
DON'T...hurry up a ladder or overreach beyond the side sills. Keep your hips inside the rails.

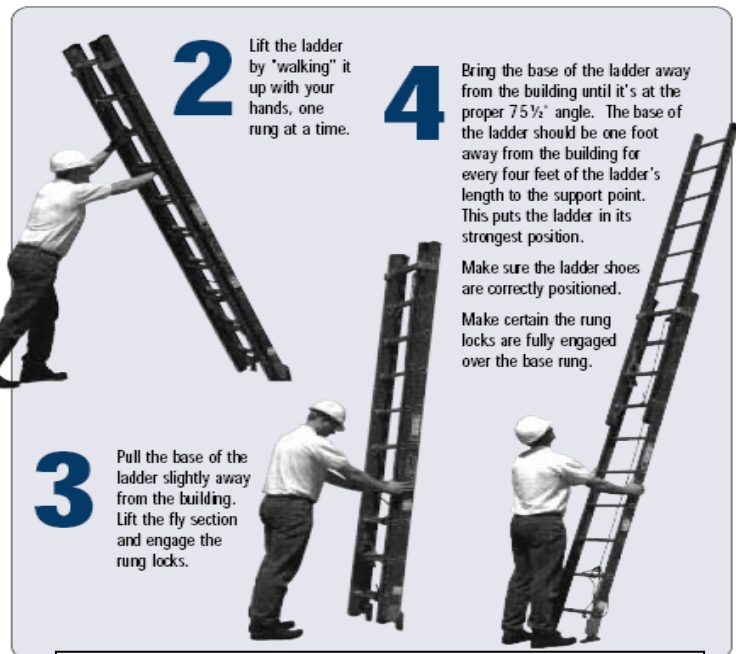
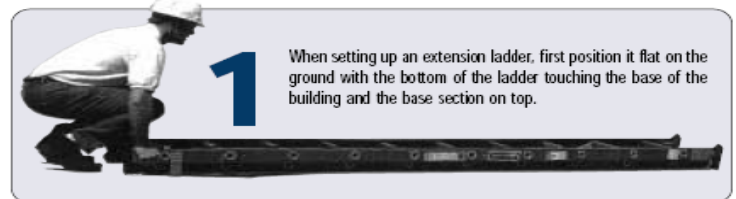
DO...face the ladder while ascending and descending.
DON'T...turn your back to the ladder at any time.

DO...use a belt designed for ladder work to carry tools or use a bucket to lift objects to the work area.
DON'T...carry heavy objects or tools up the ladder or carry tools in hand.

DO...wear proper non-skid rubber soled footwear and watch for slip hazards. Make sure your shoes and rungs are as clean as possible.
DON'T...climb a ladder in slippery shoes.

DO...use a barricade to keep traffic or activity away from the ladder.
DON'T...leave the ladder unattended.

RAISING EXTENSION LADDERS



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Discussion leader duties:

Obtain a ladder that you or an employee can use during the discussion to demonstrate key points.

What this Toolbox Talk covers:

This toolbox talk covers several “Do’s” and “Don’ts” of using extension ladders.

Discussion notes:

Discuss the various negative outcomes that would result from each example of “Don’t” and why it is important to “Do” the right thing.

Review Questions: True or False

1) Mulch and soft soil can be used to level an extension ladder.

FALSE: A ladder must be placed on stable surface before being used to access another level.

2) Extension ladders can be tied together or separated when you need a longer or shorter ladder.

FALSE: Never tie together or separate extension ladders. Use these ladders as they came from the manufacturer.

3) An extension ladder can be used on a windy day if it is footed on a proper surface.

FALSE: Don’t use an extension ladder in wind or other unsafe conditions.

Talk Given By: _____ **Date:** _____

Company: _____ **Location:** _____

Printed Name	Signature